March Dementia Networking Seminar

‘Update on prevention of dementia’

Presented by Leon Flicker, Professor of Geriatric Medicine
Director: WA Centre for Health & Ageing (WACHA) and WA Institute for Medical Research (WAIMR)
The University of Western Australia

Date: Tuesday 12 March 2013
Time: 6.00pm to 7.00pm (Light refreshments available from 5.30pm)
Venue: The Theatre, Technology Park Function Centre, 2 Brodie Hall Drive
Corner Brodie Hall Drive and Hayman Road, Technology Park, Bentley

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Outline of presentation:

> Cognitive decline and dementia are some of the major challenges facing ageing Australia. It is currently unknown whether there has been a change in the incidence of cognitive decline and dementia over time. Some lifestyle factors have been found to be associated with late life cognitive decline and dementia but although the evidence is promising, it is largely based on observing people rather than trials of these interventions. There is now reasonable evidence that increased physical activity and cessation of smoking may have cognitive benefits. There is less evidence for other factors such as education, social engagement, cognitive stimulation, hormonal treatment and diet.

There is no cost associated with this presentation and anyone interested in furthering their dementia knowledge, keeping up-to-date with recent research and networking with colleagues is welcome to attend. Please click on the following link to register online at the Eventarc website https://register.eventarc.com/14388/update-on-prevention-of-dementia

If you require assistance, please contact Lynda Durack,
WA Dementia Training Study Centre on 9266 1831

Our seminars are filmed and available on the national website approximately two weeks after the presentation. Click here to view past seminars http://dtsc.com.au/category/elearning-lectures/