

# DISCOVER THE LATEST RESEARCH IN DEMENTIA CARE AND HOW TO PUT IT INTO PRACTICE

## A DAY OF WORKSHOPS AND PRESENTATIONS

Tuesday 13 November 2012

Crowne Plaza Newcastle

Cnr Merewether St and Wharf Rd, Newcastle

9am – 5.15pm

Presented by the NSW/ACT Dementia Training Study Centre (DTSC) and the Dementia Collaborative Research Centres (DCRC) to bring researchers and practitioners together.



## Presenters and topics

■ **Professor Richard Fleming**, Director NSW/ACT DTSC. **Environmental Design**: Improving the physical environment for people with dementia

■ **Dr Peter Spitzer**, Medical Director Humour Foundation and **Dr Lee-Fay Low** DCRC Research Fellow. **SMILE Study**: The use of humour with people living with dementia

■ **Sharon Wall**, Knowledge Translation Project Manager, DCRC; Independent Clinical Gerontologist, Sydney. **Pain and pain management and people living with dementia**

■ **Dr Chris Shanley**, Liverpool Hospital's Aged Care Research Unit Manager **Supporting Overseas Qualified Nurses Working in Dementia Care**

■ **Colin McDonnell**, Care Services Area Manager UnitingCare Ageing NSW. **Environmental Changes in Residential Care; Intergenerational Programs**

■ **Dr Adrienne Withall**, UNSW Research Fellow; Research Clinician, Aged Care Psychiatry, POWH. **Younger Onset Dementia and the INSPIRED Study**

## Registrants will be able to register for a full or half day



NEW SOUTH WALES &  
AUSTRALIAN CAPITAL TERRITORY

Day registration  
**\$99** (inc GST)

Half-day registration  
**\$50** (inc GST)

### Enquiries

Contact Ruth Lillian

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Telephone: (02) 9385 2702

Only 150 places available

Register at:

<http://www.dtsc.com.au/kt-newcastle-2012>

by Friday 9 November, 2012

8.15 – 9.00	Registration and Refreshments		
9.00 – 9.15	Welcome from Prof Richard Fleming, Director, NSW/ACT Dementia Training Study Centre		
9.15 – 10.15	DCRC Research Overview		
10.15 – 10.45	Morning Tea		
10.45 – 12.45	<b>DCRC Workshop 1</b> Prof Richard Fleming	Director, NSW/ACT Dementia Training Study Centre, University of Wollongong	<b>Improving the physical environment for people with dementia</b> This workshop will provide participants with an introduction to the use of research evidence in planning new or refurbished facilities for people with dementia. Participants will leave being able to evaluate the strengths and weaknesses of their environments and begin a systematic planning process.
	<b>DCRC Workshop 2</b> Sharon Wall	Knowledge Translation Project Manager, DCRC; Independent Clinical Gerontologist, Sydney	<b>Pain and pain management and people living with dementia</b> The latest DCRC and other dementia care pain research has been integrated into a very practical workshop for nurses and health care workers across all settings. Main deliverable for participants is a take-away Pain In-Service ready for immediate application.
	<b>DCRC Workshop 3</b> Dr Peter Spitzer  Lee-Fay Low (Lee-Fay Low's presentation by DVD)	Chairman and Medical Director, Humour Foundation, Sydney  DCRC Research Fellow	<b>SMILE Study: the use of humour with people living with dementia</b> The SMILE Study evaluated the introduction of humour into residential aged care through the use of professional performers (Elder Clowns) and specially trained residential aged care facility (RACF) staff (Laughter Bosses). The results of this research will be described and Dr Spitzer will demonstrate how they can be applied.
12.45 – 1.45pm	Lunch (full day registrants only)		
1.45 – 2.45	Concurrent sessions: Presentations from NSW and ACT researchers		
	<b>Presentation 1</b> Dr Chris Shanley	Aged Care Research Unit Manager, Liverpool Hospital	<b>Supporting Overseas Qualified Nurses (OQN) Working in Dementia Care</b> Discover a new resource that helps nurses adapt to the Australian work setting.
	<b>Presentation 2</b> Colin McDonnell	Care Services Area Manager, UnitingCare Ageing, NSW	<b>Environmental changes in residential care plus intergenerational programs and countering malignant social psychology</b> An award-winning program to improve quality of life through therapeutic gardens and interactions with younger generations, including mothers' and babies' groups.
	<b>Presentation 3</b> Dr Adrienne Withall	Research Fellow, School of Public Health and Community Medicine, University of NSW; Research Clinician, Aged Care Psychiatry, Prince of Wales Hospital	<b>Younger Onset Dementia (YOD) and the INSPIRED Study</b> YOD refers to the onset of dementia symptoms before the age of 65. Australian data suggests that this diagnosis is becoming increasingly common. Under-recognised by health practitioners, the accurate diagnosis of YOD is often a slow process. Frequently there is an atypical presentation, with cognitive, behavioural and/or motor signs and the needs of this group and their supporters are markedly different to older people with dementia. Dr Withall will present data from the NHMRC-funded INSPIRED Study, which is using a mixed methods design to improve service delivery for early onset memory and related disorders.
2.45 – 3.15	Afternoon Tea		
3.15 – 5.15	<b>DCRC Workshop 1</b> Prof Richard Fleming	Director, NSW/ACT Dementia Training Study Centre, University of Wollongong	<b>Improving the physical environment for people with dementia</b> This workshop will provide participants with an introduction to the use of research evidence in planning new or refurbished facilities for people with dementia. Participants will leave being able to evaluate the strengths and weaknesses of their environments and begin a systematic planning process.
	<b>DCRC Workshop 2</b> Sharon Wall	Knowledge Translation Project Manager, DCRC; Independent Clinical Gerontologist, Sydney	<b>Pain and pain management and people living with dementia</b> The latest DCRC and other dementia care pain research has been integrated into a very practical workshop for nurses and health care workers across all settings. Main deliverable for participants is a take away Pain In-Service ready for immediate application.
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